

Please read at your next chapter Meeting

October Correspondence from Cubbie's Corner

October has come to a close and my first Fall Rally is behind me and what a great Fall Rally it was. I would like to thank all who attended and a special thank you to the following people for their help and participation in making it such a success. Thank you to chapter 242 Morton for the wonderful decorations, and to Debbie Rockow, Leader of 242 Morton, for doing such a great job with the Most Inspiring Person awards, to chapter 1003 Lakeville for handling registrations, to Valliere Thompson, Leader of 1003 for her enthusiastic leadership of our music and TOPS pledge, to Aprile Peffers for receiving registrations for and announcing the Baggy Clothes Parade, to Carol Wolfe, Leader of chapter 1071 Le Roy for receiving all KOPS registrations and for presenting the KOPS awards and recognition of all KOPS that were present, to Nancy Mead, Leader of chapter 974 Warsaw for announcing and presenting awards, to Melissa Haynes (Treasurer) and Jennifer Hogle of chapter 1003 Lakeville for their wonderful job with the Men in TOPS category, to Susan Holland, Secretary of chapter 878 Avon for taking charge of all the raffles (what a great job), to Joe Riggi, Secretary of chapter 1134 Byron for agreeing at the very last minute to take all the pictures, to chapters 934 Arcade and 974 Warsaw for their wonderful job of presenting Leadership Skill #5 on Praise, Recognition, and Reward. They were truly awesome! Thank you to all chapters for their Theme Baskets and for their Food Pantry donations , and a special thanks to chapter 164 Batavia for handling cleanup, great job thank you to everyone. Without all of you this rally would not have been a success.

I would like to give special thanks to my good friend Sandy Frieday and her sister Diana Inman and my lovely wife and Area Coordinator Judy for all they did to help make this a successful event. What an event it was, fun was had by all.

I received a suggestion for a "Cubbie Challenge" and have decided to pursue it for the 2012 Fall Rally. All TOPS Members who lose a minimum of ten pounds from the first weigh-in after the 2011 Fall Rally to the last weigh-in of August,

2012, will be recognized at the Fall Rally. The numbers must be verified by your Weight Recorder. The overall best loser will be asked to share their success story at Fall Rally 2012. So, map out your route and go for it!!

UPCOMING EVENTS

November 12, 2011 will be your Fall Workshop at the Valley Chapel First Baptist Church on 3415 S. Warsaw Rd., Warsaw, NY at 9:00 AM. In addition to covering end-of-year Resumes, we will be introducing two more of our Leadership Skills, Communications, and Team Dynamics. These Leadership Skills will be helpful in enhancing your chapter meetings and working toward increasing membership. I am hoping that each chapter will be well represented. It is especially important for Officers to attend. However, the more members from a chapter that attend, the stronger will be the message taken back to be shared with your fellow chapter members. We will have a time for open discussion on how we may increase membership and enhance our weekly meetings.

November 19, 2011 will be our next KOPS GLOW Honor Society Luncheon and Meeting which will be held at Terry Hill's Restaurant in Batavia at 11:00 AM. This is our annual Christmas Auction so please bring a wrapped \$5.00 gift to be auctioned off with the proceeds to go to the treasury.

The yearly dues of \$10.00 per KOPS member were due at the August meeting. Since none were received , I am thinking that perhaps I should have reminded everyone ahead of time. Please send dues with your reservation to Treasurer Laurie Reger, or bring them to the November meeting. I would encourage all chapters who can afford to, to pay their KOPS dues for the KOPS GLOW Honor Society in recognition and appreciation for their accomplishments and their ongoing example of what TOPS can do as they Keep Off Pounds Sensibly.

Our first year together was totally awesome! It's full steam ahead for year number two! So hang on and enjoy the ride....."Cubbie"