



January 7, 2012

Hello TOPS friends,

HAPPY NEW YEAR! I hope all of you are doing well. I love this time of year because it is a time of self-reflection. You can look back at the past year good or bad and make a new or renewed commitment for the year. I would like to congratulate all of the tops that have made it to their goal this last year and are now KOPS. It is a hard journey and now your journey will continue as you keep off those pounds.

Save the Date and Promo Pre-Sale have been mailed out for SRD and unfortunately there was a miss print on them for the date. Please note that the date of SRD is Friday June 8 and Saturday June 9. There is talk about having a speaker on June 7 but more details will be sent with the SRD invitation. We have committees that are looking for committee members for SRD so please let your area captain or myself know if you or your chapter is interested in volunteering.

There are some staffing changes I would like to also address. Ostego county new Area Captain is Pam Nobis. She has been Area Captain over her current area for a few years and now is having Ostego County added to her area. Next, we have two field staff liaisons for Wayne, Yates, and Ontario Counties, Suzanne Custer and Jerakah Breedlove. They are going to help run the workshops, aims, walks, and rally for this next year. All of the contact information will be listed below.

I had many requests about my Field Staff Identification Number, FSID. I did not receive it until a week or so ago, so that is why it was not in my first letter. My FSID is 709. Please place my name and number on your weight charts for next year. If you have not sent your resume out please send it to me immediately to my address listed below.

Thank you for the chapters that sent me stamps. I have to send off your membership applications and other items to headquarters every week and the extra stamps really helps.

Sincerely,

Katrina Abel

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