

LONG ISLAND CONNECTION

March, 2010
Volume 2

ELECTION OF OFFICERS

NOW THAT YOU HAVE CAST YOUR VOTES....



Congrats to all of the new and returning officers. I look forward to seeing you at our Officers Workshop on Saturday, April 10th.



To those who stepped up to fill offices, thank you! You are the heart of the chapters. Show enthusiasm, excitement, and dedication and the members will follow suit. You are very much appreciated.

In TOPS Luv,
Margie

Officer's Workshop

Join us on Saturday, April 10, 2010 at the West Islip Library, Higbee Lane, West Islip, NY, 10am - 2pm. Brown Bag Lunch. Our speaker will be our Regional Director/Coordinator, Judy Pettit. Judy will bring us up-to-date on what is up and coming in TOPS as well as inspire and motivate us. I hope to see you all there as together we begin another year towards completing our journey.

Health Fair Results

My thanks and appreciation to all who volunteered to man the tables at our first Health Fair held on February 3rd at the United Cerebral Palsy Headquarters in Hauppauge. Thanks to you more people know about TOPS. Thanks to Tina May, Barbara Kuchinsky & Lucille Meisner from 605 Ronkonkoma, Ruth Davis, Lucy McGiveron & Rosemary Saloman from 106 Sayville, Pat Blinneseau and Maureen Wagner from 795 New Hyde Park for representing TOPS and sharing their experiences. Great job ladies!

An Irish Prayer
May God give you...
For every storm, a rainbow
For every tear, a smile
For every care, a promise,
And a blessing in each trial
For every problem, life sends,
A faithful friend to share,
For every sigh, a sweet song
And an answer for each prayer.



NEWS FROM TOPS HQ

TOPS HQ will be sending out monthly information about publishing stories in TOPS News. They are looking for stories from our chapters and their members on the following topics:

Stress: Coping strategies, success stories, overcoming stress, any stress-related stories that might help to tie in with Stress Awareness Month.

It's My Time (TOPS' 2009-2010 Theme): Stories of activities, events, ideas, and successes in keeping with this time-oriented theme.

Cut and Bum Challenge (President's Challenge for 2009-2010): Ideas for tie-in and achievement of this challenge, progress reports, suggestions for recognition, and successes.

Health Improvement: do you or your members have any stories that illustrate how their TOPS membership improved their overall health?

Family Affair: do you know of any unique stories of families in TOPS?

General: Your ideas for unique, informative and unusual story topics are always welcome. Please share any and all stories of personal success, unique situations, anecdotes, publicity efforts, and anything else that may be shared with TOPS readers to inspire members and encourage chapters.

If you have something to share, please email rough stories directly to Beth Maniero, Communications Manager, bmaniero@tops.org (Phone: 414-482-4620, x43) or Don't worry that they might not be "perfect" enough. If sending photos (always a plus), please refer to the Photo Guidelines on page 59 of the new Chapter Manual. HQ counts on us to be our connection to great TOPS stories. Thank you for your support!

COMING EVENT
SARATOGA SRD