

Chemung
Schuyler
Steuben

SCOOP

☆ Keeping Chemung, Schuyler and Steuben counties connected. ☆

November 2011

Mark
Your 2012
Calendars

- ✍ Saturday, January 21st, 2012
Southern Tier KOPS Honor Society
Place and time to be determined.
- ✍ Saturday, April 21st, 2012
Southern Tier KOPS Honor Society
Place and time to be determined.
- ✍ Friday & Saturday, June 8th and 9th, 2012
SRD - State Recognition Days
TOPS Chariots of Fire
Albany, New York
- ✍ Thursday, Friday & Saturday, July 5th, 6th & 7th, 2012
IRD - International Recognition Days
California Dreamin'
San Diego, California
- ✍ Saturday, July 21st, 2012
Southern Tier KOPS Honor Society
Place and time to be determined.
- ✍ Friday - Sunday, September 21st, 22nd and 23rd, 2012
TOPS Retreat at Lake George, New York
For Adult Female members (18 years or older)
Limited to 60 attendees
Price is \$255. Includes retreat activities, room & board
for 2 nights and 3 days.
More information can be downloaded from TOPS Website: www.tops.org
- ✍ Saturday, October 20th, 2012
Southern Tier KOPS Honor Society
Place and time to be determined.

KOPS Korner

Saturday, January 21st, 2012
Southern Tier KOPS Honor Society
Time and place to be determined.

At the October 22nd meeting the following officers were re-elected:

Carrie Cain, Kaptain
Dan Bunce, Ko-Kaptain
Carol West, Secretary/Treasurer

Congratulations!

With
Special
Thanks

Thanks to everyone who participated/helped in any way to make TOPS "Winter Wonderland" Rally Day and TOPS "Harvest" Inspiration Workshop total successes.

You're Great!!!

Rally
Day
Memories



Greetings



Thanks members
of #NY 889, Woodhull
for manning the
Registration Table



No Gain Week Awards
presented to
#NY 514, Horseheads (1)
#NY 643, Bath (2)
#NY 300, Hornell (2)
#NY 768, Van Etten (7)
#NY 526, Painted Post (17)



Rally Attendees



Retired Area Captain, Ruth Sandusky
Sharing her inspiring TOPS journey.

To be continued...



Summer Best Loser Awards
Tanya Hilfiger, Darlene Dodds,
Jessica Houghtaling, Nel Hayes,
Barbara Coles, Laura Carmen and
Tammy Jelliff.

Congratulations!



Special Thanks to
#NY 807, Arkport for sharing
their skit
"Dorothy and the Wizard of Loss"

AWESOME!

TOPS
Meeting
Closing

I pledge that I will try this week
To keep in mind the goal I seek.
To reach my goal without defeat,
I'll eat to live; not live to eat.
To get some exercise each day,
By walking, jogging or any way.
So by this pledge I'll live each day
To keep my weight A-1 OK!

Together we will succeed on our TOPS journey,
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